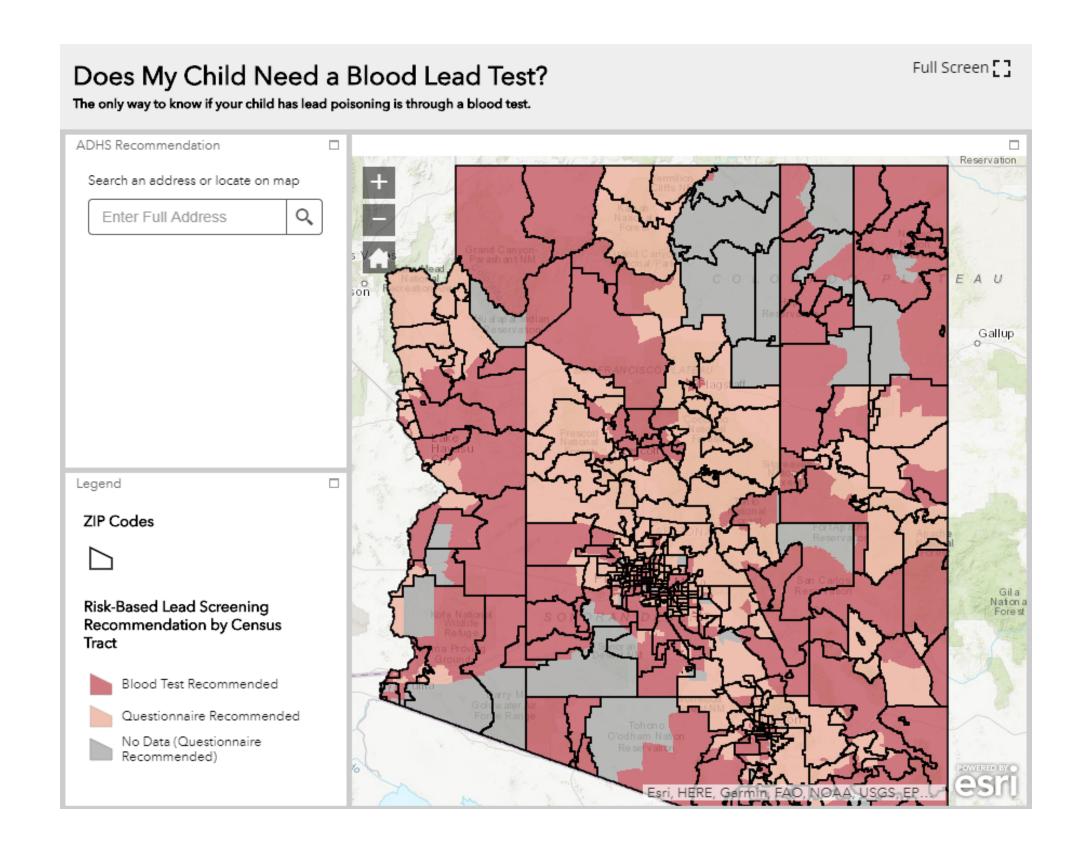
Childhood Lead Screening and Clinical Management Recommendations



- Evaluate all children for their risk of lead poisoning at 12 and 24 months of age.
- Determine if a child lives in a high-risk neighborhood at www.azdhs.gov/leadmap or use the list of high-risk zip codes.*



*If you are unable to use lead risk map visit <u>www.azhealth.gov/leadzipcodes</u> to download the list of high-risk zip codes. A PO Box address may be used if physical address is unknown or unavailable.

- Order a blood lead test if the child lives in a high-risk **3a.** neighborhood.
- Complete questionnaire with parent if child does not live in a high-risk neighborhood. Order a blood test if the child is found to be at

risk. www.azhealth.gov/leadquestions

Common Sources of Lead in Arizona



Homes built before 1978 with chipping, peeling or flaking paint, or imported toys with lead-based paint.



Imported spices, such as turmeric, coriander, black pepper, thyme, and hanuman sindoor.



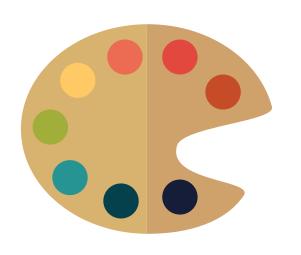
Imported glazed pottery, commonly used to cook beans or hot chocolate.



Home remedies such as greta or azarcon used to treat stomach illness or empacho.



Soil or dust tracked into the house contaminated with lead.



Hobbies such as hunting and fishing that use leaded bullets or fish sinkers; some artist paints and furniture refinishing.



Work in leadrelated industries such as construction, mining, welding, or plumbing.

Clinical Management for Children Based on Confirmed Blood Lead Levels

*Adapted from CDC and AAP Guidance

Blood Lead Levels (µg/dL)

Follow-Up Care

<3.5	 Assessment of nutritional and developmental milestones Blood lead testing at recommended intervals based on child's age according to ADHS Targeted Screening Plan http://azhealth.gov/leadscreeningplan Provide lead poisoning information to parents http://azhealth.gov/leadmaterials for printable materials
3.5–9	 Assessment of developmental milestones Nutritional counseling related to calcium, iron intake, and Vitamin C Discuss possible sources of lead (see front for common sources) Follow-up venous blood lead monitoring according to Table A below AZ CLPPP Support: Send informational letter and health education materials
10–19	 Assessment of developmental milestones Nutritional counseling related to calcium, iron intake, and Vitamin C Follow-up venous blood lead monitoring according to Table A below AZ CLPPP Support: Send informational letter and health education materials, conduct phone call to determine lead exposure source
20-44	 Complete history and physical exam Neurodevelopmental assessment Lab work: Rule out iron deficiency & prescribe iron if needed Consider abdominal X-ray (with bowel decontamination if indicated) Follow-up venous blood lead monitoring according to Table A below AZ CLPPP Support: Send informational letter and health education materials, conduct phone call to determine lead exposure source, offer home investigation
45–69	 Complete history and physical exam Complete neurological exam including neuro-developmental assessment Lab work: Rule out iron deficiency & prescribe iron if needed Consider abdominal X-ray (with bowel decontamination if indicated) Chelation therapy considered, contact poison control [(800) 222-1222] for guidance Follow-up venous blood lead monitoring according to Table A below AZ CLPPP Support: Send informational letter and health education materials, conduct phone call to determine lead exposure source, offer home investigation
≥ 70	 Confirm venous blood lead level immediately in addition to all the test and assessments as indicated above Contact poison control [(800) 222-1222] for chelation therapy in conjunction with consultation with a medical toxicologist or a pediatric environmental health specialty unit [Western States (415) 206-408] Proceed with additional interventions for BLLs between 45-69 µg/dL AZ CLPPP Support: Send informational letter and health education materials, conduct phone call to determine lead exposure source, offer home investigation

Table A: Repeat Testing Schedule for Elevated Results

Venous blood lead level (µg/dL)	Early follow-up (first 2-4 tests after)	Late follow-up (after blood lead begins to decline)
3.5-9	3 months*	6-9 months
10-19	1-3 months*	3-6 months
20-44	2 weeks-1 month	1-3 months
<u>></u> 45	As soon as possible	As soon as possible

*Some health care providers may choose to repeat blood lead tests on all new patients within a month to ensure that their blood lead level is not rising more quickly than anticipated.

Table B: Schedule for Confirmatory Venous for Elevated Capillary

Capillary blood lead level (µg/dL)	Perform a confirmatory venous draw within
3.5-9	1 - 3 months*
10-19	1 week- 1 month*
20-44	Within 2 weeks*
<u>></u> 45	Within 48 hours*

*The higher the BLL on the screening test, the more urgent the need for confirmatory testing.